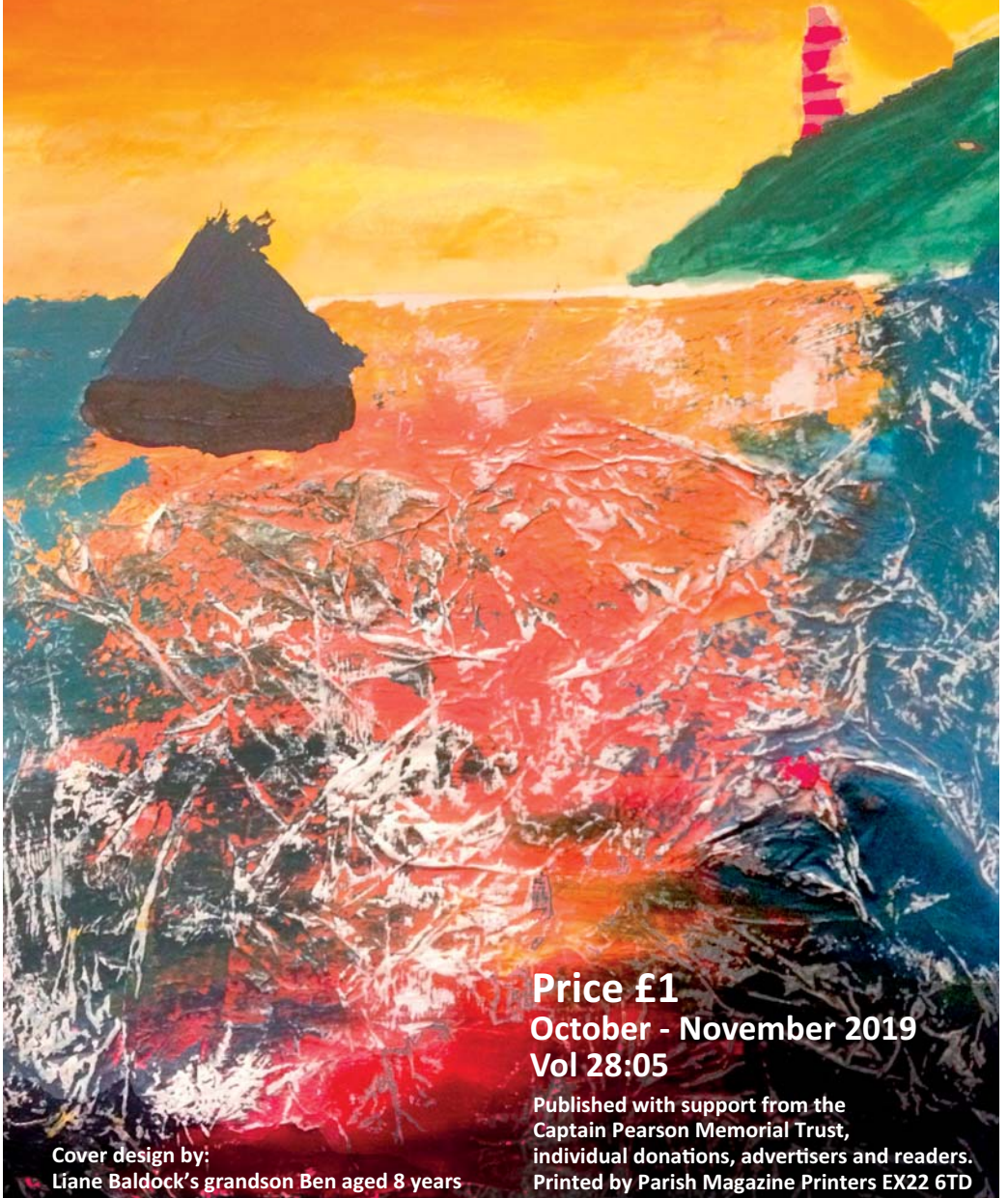




# STRETEWISE

The Village Magazine



**Price £1**  
**October - November 2019**  
**Vol 28:05**

Published with support from the  
Captain Pearson Memorial Trust,  
individual donations, advertisers and readers.  
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Cover design by:  
Liane Baldock's grandson Ben aged 8 years

[www.stretewise.co.uk](http://www.stretewise.co.uk)

email: [stretewise@outlook.com](mailto:stretewise@outlook.com)

# Directory

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District Councillor	Richard Foss	01548 511 234
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Doctors (Dartmouth)		01803 832 212
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Laughing Monk	Ben and Jackie Handley	01803 770639
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Parish Council Clerk	Helen Darch	01803 770 018
Parish Hall Committee Chair	Martin Sobey	01803 770 127
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Probus	Graham Lewis	01803 712 248
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Short Mat Bowls Secretary	Bryan Seymour	01803 770 287
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St Michaels Church	Rev. Alison Shaw	01803 770 868
Strete Chapel	Derek & Gill Harris - Tony & Jan Atkins Tony & Jan Atkins	01803 770 256 01548 580 227
Stretewise Editor	Dave Jones	01803 770 059
Totnes Ring and Ride		01803 867 878
Tree Warden	Ian Cumberlidge	01803 770 020

## Local Emergency Services

Emergency Fire, Ambulance, Police and Coastguard	999 or 112
Non-emergency contact with emergency services	101

NHS Direct	0845 4647		
Torbay Hospital	01803 614 567	Derriford Hospital	01752 212 082
Totnes Hospital	01803 862 622	Kingsbridge	01546 852 349

**Strete Post Office and Stores** 01803 770 225

Opening Times: Monday-Friday 7.30am to 5.00pm,  
Saturday 7.30am to 1.00pm, Sunday 8.00am to 12.00pm

**Stoke Fleming Library Village Hall** John Lewis 01803 770 075

Monday 3.00pm to 5.00pm, Tuesday 10.30pm to 12.30pm,  
Thursday 3.00pm to 5.00pm. Or 24 hours at [devon.gov.uk/libraries](http://devon.gov.uk/libraries)

## Editorial

Dear All

Congratulations to Liane Baldock's grandson Ben aged 8 years for his front cover design. A very dramatic, colourful and bold painting of Start Bay using mixed media.

We welcome several new advertisers into the Stretewise magazine for October and November and thank them and all the other advertisers for their support which helps to keep the magazine viable and promotes their services.

Summer really finished with a bang when a 92cm shell was found in a field in Strete at about 2.30pm on Wednesday, August 28th. The unexploded ordnance from the Second World War was discovered by builders digging a ditch.

It was removed from the field and taken to Strete Gate beach at about 6.40pm to be destroyed. The beach was cordoned off as a result and the bomb was detonated at about 7pm by The Royal Navy bomb squad.

There is a full diary of events leading up to Christmas including Skittles, a Wine and Wisdom food and wine tasting quiz night, coffee mornings with Christmas stalls at the Strete Parish Hall and The Laughing Monk. We then look forward to Strete Christmas Party. Also included is a full diary of events from Dartmouth Walk & Talk and The Probus Club of Stoke Fleming and District.

## Stretewise

### Photographic Competition 2020

The theme for the Stretewise 2020 photographic competition will be 'Of Land Or Sea' (portrait or landscape)

The closing date for all entries will be midnight Wednesday 1st July.

The first, second and third prize will be announced and prizes awarded at the 2020 Strete Village Day.

Entries should be high resolution image files that can be emailed to: [stretewise@outlook.com](mailto:stretewise@outlook.com) or high quality prints posted to 27 Start Bay Park, Strete, TQ6 0RY. Please include your full contact details with all entries.

The winning entry will be used on the front cover of the October/November Stretewise magazine.



### Did you know?

The average person uses 143 litres of water a day. By 2025, we need your help to get that down to 128 litres a day.  
South West Water

Not many companies encourage you to use less of their product. How refreshing.



# Congratulations to Alison

Dear Friends,

In the Church of England, we work on the parish system.

(think: St Michael's), then Benefice (think Strete, Stoke Fleming, East Allington and Blackawton), then Deanery (think: Woodleigh), then Diocese (think Exeter) - each one part of the other.

Well, I'm the vicar of the Benefice and have recently been asked by the Bishop to be Rural Dean too. That means looking out for the whole Deanery of Woodleigh.

I'll tell you more about my role as time goes on. But for now, on:

**Wednesday  
October 16th  
at  
St Peter's  
Stoke Fleming  
at 7pm**

in a special service,  
I'll be commissioned  
by the  
Bishop of Plymouth.

You are all most welcome to  
be there.

Every blessing

**Rev'd Alison**



The Deanery of Woodleigh

The new position as Rural  
Dean will not impinge on  
Alison's pastoral work in the  
Parish, which is re-assuring.



**Rev. Alison Shaw and Don the dog**

## St. Michael's Church

Totnes Road Strete Dartmouth **The Vicar is Revd. Alison Shaw.**

*The PCC consists of:*

Church Wardens: Sally Green 01803 712 438 Brenda Range

Roy Kendall (Treasurer) Sally Green (Acting Secretary)

Sheila Kingsley Smith (Safeguarding Officer) Dorothy Teal, Joan Kendall.

### Services at St. Michael's Church, Strete

#### OCTOBER 2019

6 <sup>th</sup> October	11 am	Morning Worship	Jenny Harris
13 <sup>th</sup> October	9.30 am	Holy Communion	Rev. Alison Shaw
20 <sup>th</sup> October	11 am	Morning Worship	Peter Barker
27 <sup>th</sup> October	11 am	Holy Communion	Rev. Alison Shaw.

#### NOVEMBER 2019

3 <sup>rd</sup> November	11 am	Morning Worship	Peter Barker
<b>10<sup>th</sup> November</b>	<b>10.50 am</b>	<b>Remembrance Service with the Chapel</b>	taken by Peter Barker
17 <sup>th</sup> November	11 am	Morning Worship	Jenny Harris
24 <sup>th</sup> November	11 am	Holy Communion	Rev. Alison Shaw

#### DECEMBER 2019

**Christmas Day Service at 11 am with the Revd. Diane Crooke**

### MARIE CURIE LAUNCHES A NEW DEMENTIA BEFRIENDING SERVICE

Marie Curie are launching a new Dementia Befriending service soon covering South Devon and Torbay and are currently recruiting volunteers. We're looking for friendly and reliable volunteers to support people living with dementia, their families and carers. As a volunteer you will take on a number of simple yet crucial tasks that will make a huge difference, this could be in a family's home, a care home or out in the community. You will provide one-to-one companionship and support, offer a listening ear, and spend time engaging in everyday conversation, activities or hobbies with the person you are supporting. We will provide you with all the training you need so you can take on the role confidently. If you can spare a few hours per week and would like to support someone living with dementia please call 0800 304 7400 to find out more about the role and how to apply.



**Dementia Befriender Volunteer**

[www.mariecurie.org.uk](http://www.mariecurie.org.uk)

## Strete Chapel Notes

### Greetings from the Strete Chapel Fellowship.

Our Evangelical chapel is next to the Village shop and has been used by us for worship since the 1960s. The local congregation is augmented by holidaymakers, many of whom are regulars. We have our annual harvest service on October 6<sup>th</sup> in the evening when many local farmers join villagers to give thanks.

The Chapel hosts a good mix of speakers during the year who visit to preach and offer communion. We extend to you all a very warm welcome to come and join us in fellowship on all of these occasions. The time of our Morning Family Services is normally 11.00 am. There is also a bible study on Wednesdays and if you are interested please contact Derek on 770256.

### Breakfast for men at the Parish Hall

We offer a warm welcome to all men to join a breakfast for men being held from 8 to 9.30 on Saturday 12<sup>th</sup> October at the Hall. There is no charge and it is an opportunity for men in the area to meet together and share their stories. There will be a talk by Ray Fletcher who is a local photographer and his work features here. If you would like more information please ring Derek on 770018.

### Children's club Thursday evenings

We also run a children's club at the Chapel on Thursday evenings from 6.30 which is attended by children from the village and their friends.



And one for the bees!!  
Buddleia courtesy  
Ray Fletcher.

every Thursday from 6.30-7.30pm

Why not join us at Strete Chapel for...

**Young Searchers**

**Crafts**

**Quizzes**

**Stories from the Bible**

**Play games**

**Sing songs**

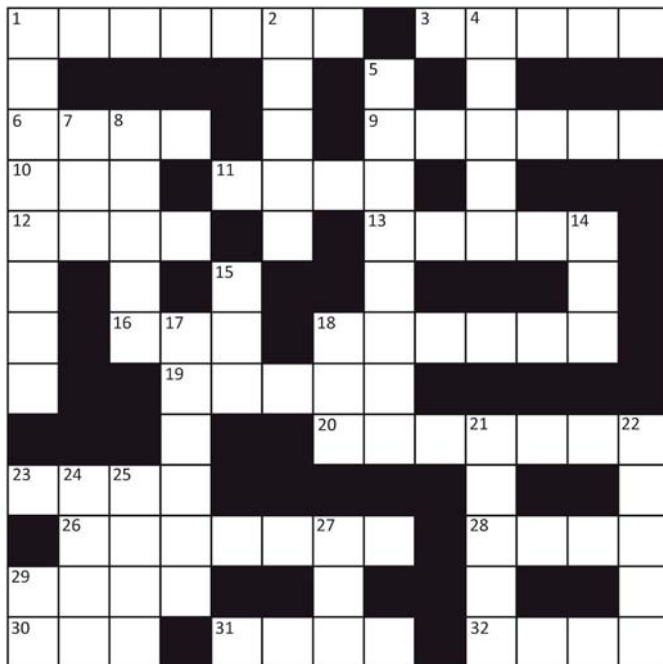
**and lots of FUN!**

We have a Family Service every Sunday morning at 11am. On the first Sunday in the month the service is followed by lunch. Everyone welcome!

If you would like to know more, please contact Gill Harris on 01803 770256

# Stretewise Crossword

Solution on page 60



**Across:** 1. A sporting event consisting of a series of boat or yacht races. 3. Food made of flour, water, and yeast. 6. Woody perennial plant, typically having a single stem or trunk. 8. Propelling a boat on water using oars. 9. Colour used for hazard signs. 10. For one time only. 11. A way out. 12. A bear native to south central China. 15. Stitches with a needle and thread. 18. Land surrounded by water. 19. A short distance away. 20. With a leg on each side of. 23. Done by one person alone. 26. A group attempting to find or obtain something. 28. The sister of someone's father or mother. 29. A vegetable from a pod. 30. To obtain an answer. 31. Holds a fisherman's line. 32. Become conscious of a sound .

**Down:** 1. An act of withdrawing. 2. Contaminate or pollute. 4. Mountain ash . 5. To place before or in front of something : prefix. 7. The reigning king. 8. Prepare written material for publication. 14. Help or support. 15. A nocturnal bird of prey. 17. Sounds caused by the reflection of sound. 18. An individual savings account. 21. The range of something's application. 22. Go into. 24. Plural of a computer operating system. 25. An intentional disclosure. 27. The mass of eggs of a female fish or shellfish.

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## Question?

What is the Roman numeral for 1000?

Fe is the symbol of which chemical element?



## From the Stretewise Archive

### **Stretewise Autumn 1994: The Captain Pearson Memorial Fund**

Captain and Hrs Frank Pearson came to live in 1920's after Captain Pearson retired from the Army during which time he served for many years in India. They moved into Strete Lodge in the late (formerly called Mirante and now the Residential Hone) after the Misses Smithes, Eva and Marion moved into their house — later to the Vicarage, at the Of Hyne Lane. Next door to Strete Lodge (now the garage and Mews) was the coach house and underneath the earthen floor were hidden cellars with steps cut into the rock. It is said that Chopping wood, a man found himself sinking into what was like1y to have been a smugglers store! The floor was filled in cemented for the Pearson's garage.

From their earliest days in Strete Captain and Hrs Pearson took an interest in Village activities. Mrs Pearson was a keen on amateur dramatics and helped to stage concerts and social evenings in the larger Schoolroom. She and her husband held at home where Hr Cyril Maude, an actor, was a regular visitor. During the war, Mrs Pearson was involved locally with the Red Cross and held classes at Strete Lodge. After war, Mrs Pearson was instrumental in getting a District Nurse for Strete. Each Christmas, the schoolchildren were given presents by the Pearson's and this continued until the closure of Strete school in the mid 50's.

After her husband's death, Mrs Pearson decided to have a Social Club built in his memory. The plot of land adjacent to Start Bay Caravan Park was leased to Mrs Pearson by Mr Toll, the landowner, for a peppercorn rent. The Club was duly opened in 1947 and was called Strete Social Club. It could be used for social and recreational purposes. It was used by the Youth Club, parish Council for monthly meetings, the Women's Institute, for socials, whist drives, concerts, parties, wedding receptions etc. About two years after the Club opened, Mrs Pearson set up a Trust Fund so the Club would keep running after her death. The Youth Club has restarted in the parish Hall and is most successful. Those benefitting from the Captain Pearson Memorial Trust Fund include the Church, the Youth Club, the Parish Hall and Stretewise. (Jean Parnell)

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### **This is a story of four people named: Everybody; Somebody; Anybody and Nobody.**

There was an important job to be done and Everybody was asked to do it. Anybody could have done it. Nobody did it, Somebody got angry about that because it was Everybody's job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn't do it. It ended up that Everybody blamed Somebody, when Nobody did what Anybody could have done!

---

If ignorance is bliss, why aren't more people happy?

How long a minute is depends on which side of the bathroom door you are on.

Some mistakes are too much fun to only make just once.



# From the Stretewise Archive

## Stretewise: Spring 1996

I don't know about hard to say after a gin and tonic or two I think this was created after a gin and tonic or three.

I wonder if this is the way Pam counts her sheep? Traditional systems used to count sheep are commonly based on the Celtic languages of the Ancient Britons, influenced over the centuries by bits of Latin, Anglo-Saxon etc. There are several forms but the two most commonly used are:

'Yan, tan, tethera, pethera, pimp, sethera, lethera, hovera, covera, dik' and 'onetherum, twotherum, cockthorum, quetherum setherum, shatherum, wineberry, wigtail, tarrydiddle, den'. Difficult to say after a gin and tonic or two!

---

## Stretewise: Spring 1996

How times have changed. Please do not get excited this is not an announcement only a reflection on the past.

**STRETE SURGERY:** Dr Eynon-Lewis of Victoria Place Practice, Dartmouth, has a surgery on the first and third Thursdays of the month in Strete Parish Hall at 3.30pm. No appointment is necessary just walk in.

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## Stretewise October/November 2011

Potatoes

At first these strange tubers were regarded with suspicion, with their knobby skins but nevertheless were sought after by rich gentlemen as an aphrodisiac and at one time the root was fetching £300 a pound. It was not until Charles 11's reign (1630-1685) that the food value was appreciated and that the "Merry Monarch" encouraged people to plant them to help feed the nation in case of war or famine. By the early 1800's the potato had become firmly established as an excellent food and it has grown in popularity ever since.

---

## Stretewise April 2001

### **FOOT AND MOUTH DISEASE**

We will continue to toll the bell at midday on Saturdays and Sundays in support of the farmers and their families until emergency recedes. The collection on Easter Sunday will be sent to the ARC Addington Fund for the relieve of financial difficulties of farmers in the South West.

## Stretewise-Cheers

There are countless benefits to be enjoyed living in Strete and its surroundings, but very few small villages can boast their own brewery. Thanks to our gourmet chef Ben Handley at The LM Kitchens we can enjoy a selection of local craft beers brewed in his microbrewery at the Old School House, The Laughing Monk, Strete.

● Ben explains:

I have been brewing beer here at the Monk for about 5 years. I decided I wanted to learn how to brew and it seemed like a great thing to do in the quiet winter months. So, after a lot of reading, watching Youtube and Googling I set about teaching myself the basics. It's not dissimilar to cooking and once you adhere to the basic rules its really enjoyable. The main difference is if you get it wrong at the beginning you can't tell until the beer is ready 4-6 weeks later....!!!

As far as beer ingredients go its perhaps slightly more interesting than people think. Essentially its barley, water, yeast and hops but for example there are 170 different variety of hops available, all have a different flavour, aroma and bitterness, some are used for bittering and some are used for aroma and are added to the wort (brew) at different times.

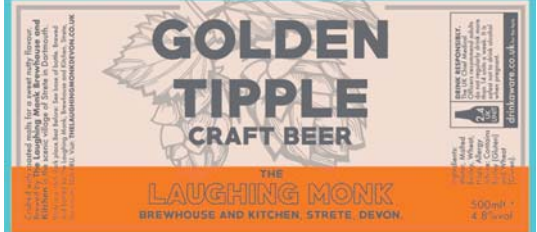
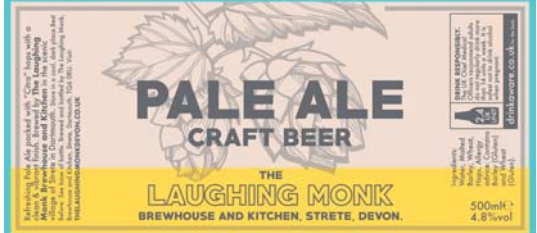


# Stretwise-Cheers

The grain (Barley) is used to make the “Mash” this is basically the process of extracting the starch from the grain by heating it at 69 degrees in water for about an hour, this essentially then turns the starch into sugars.

The hops are added to give the beer its bitter flavour and then once the “wort” is cooled yeast is added which turns the sugars into alcohol during the fermentation period which is usually 5-7 days. There are many varieties of barley available to the brewer. Barley is roasted to different levels each giving a different flavour. For example, a “pale Ale” will mostly use un roasted barley with maybe a small amount of lightly roasted grain “Caramalt”, whereas a dark Porter beer will use heavily roasted grain such as “Chocolate Malt” and “Black Malt” and so the varieties and combinations are endless which is what makes it so interesting. I registered The Laughing Monk as a Micro-Brewery with HMRC 4 years ago, they come out and check your premises and make sure everything is as it should be. We then applied to the council for an “off licence” so we can sell alcohol for people to take away and enjoy at home.

We are happy to take orders for small or large amounts or just call in and have a look around. ●



Maybe we can place an order with Ben for next years Strete Village Day Bar.



# Stretwise-Cheers

## Hops and flavour from The British Hop Association



There are just over 50 British farmers growing British Hops in Great Britain today. The South-East counties of Kent, Suffolk, Surrey and Sussex are where hops were first grown in the UK. They were shortly followed by the West Midlands, including the counties of Herefordshire and Worcestershire and today about half of the British Hop production is grown by West Midlands-based farmers and half in the South East.

- British hop aromas include notes such as tangerine, citrus, grass, grapefruit, chocolate, blackcurrant, spice, pepper, apricot, marmalade, mint, honey, floral & molasses.
- Very few British hops are irrigated, making them some of the most environmentally sustainable in the world.

**Hops:** (*Humulus lupulus*) are a perennial plant. In beer hops provide bitterness to balance the sweetness of malt sugars, as well as flavours, aromas, resins that increase head retention, and antiseptics to retard spoilage. Often referred to as a “vine”, hops are actually a “bine”, using a strong stem and stiff hairs to climb rather than tendrils and suckers to attach. It is the flower of the hop plant that is used in brewing.

**Tun:** The tun is a cask that is double the size of a butt and is equal to six barrels and has a capacity of 216 imperial gallons

**Butt:** The butt of beer was equal to half a tun or 108 imperial gallons

**Hogshead:** The Hogshead of beer and ale was equal to a quarter of a tun, half a butt 54 ale or beer gallons.

**Firkin:** Most English cask conditioned beer bought by publicans is delivered in 72-pint containers (i.e. Firkin) but the volume of consumable beer in the container is far lower. A 72-pint container has 66 “full” pints of consumable beer that can be sold or drunk, the other 6 pints are sediment, finings, beer stone, hops, etc.

**Ullage:** is the residue of beer left in a barrel that has been emptied. When calculating tax returns and the like, licensed premises owners, landlords or managers can factor in the duty on *ullage*, or unavoidable barrel wastage.

**Pin:** A pin is equal to half a firkin (4.5 imp gal). Plastic versions of these casks are known as “polypins”. They are popular at beer festivals and village fetes where craft beers are sold.





## Stretwise-Cheers

Just a few of the UK hops available, the names, characteristics and intensity.

Variety	Characteristics	Intensity
Admiral	Resinous, orangey, citrus	9
Cascade (UK)	Lychees, floral, grapefruit.	9
Harlequin™	Passionfruit, peach, pineapple	9
Jester®	Grapefruit, tropical fruits.	9
Target	Sage, citrus, spice	9
Bramling Cross	Spicy, blackcurrant, lemon.	8
Bullion	Blackcurrant, spicy.	8
Ernest	Apricot, citrus, spice.	8
Olicana®	Mango, grapefruit, passionfruit.	8
Pioneer	Cedar, grapefruit, herbal.	8
Challenger	Spicy, cedar, green tea.	7
Endeavour	Blackcurrant, spicy, citrus.	7
Flyer	Spicy, citrus, liquorice, resinous.	7
Mystic™	Blackcurrant, Citrus, Passionfruit.	7
Northdown	Spicy, floral, pine.	7
Archer®	Floral, lime, peach.	6
Beata	Honey, apricot, almond.	6
Boadicea	Spicy, light, floral.	6
East Kent Goldings	Spicy, honey, earthy.	6
Epic	Fruity, slightly herbal.	6
First Gold	Orange, marmalade, spicy.	6
Fuggle	Minty, floral, earthy.	6
Godiva™	Spicy, Gooseberry, Tangerine	6
Goldings	Spicy, honey, earthy.	6

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*loving the beach*


## Stretewise - Events

**NEW VINYASA FLOW YOGA CLASS**



LEANNE ROBERTS YOGA

**EVERY TUESDAY AT STRETE PARISH HALL**  
**STARTING 3RD SEPTEMBER**  
**7.15PM - 8.15PM**



**PLEASE MESSAGE ME TO BOOK YOUR SPACE.**

**WWW.LEANNEROBERTSYOGA.CO.UK**

Strete Parish Hall Presents



# Wine & Wisdom Evening

Join us for a fun wine and food quiz evening  
Including food and wine tastings and supper  
**7.30pm Saturday 19th October**  
Tickets to be purchased by Monday 14th October

at  
**Strete Parish Hall**  
Tickets available from the Strete Post Office and Stores



Tickets **£10**



## COFFEE MORNING

**SATURDAY 7th DECEMBER**

*10.00 a.m. to 11.30 a.m.*

At  
**THE LAUGHING MONK**  
(BY KIND INVITATION OF Jackie & Ben)  
In aid of St. Michael's Church



*Christmas Raffle*

## For your diary

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World Animal Day

**Friday, 4th October**

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Daylight saving time ends at 02:00 on

**Sunday, 27th October**

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Bonfire Night

**Tuesday 5th November**

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Remembrance Sunday

**Sunday 10th November**

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First Sunday of Advent

**Sunday, 1st December**

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## Strete-wise - Pam's Corner

### **Strete as I remember it in the 1930's**

Starting our journey at the now Kings Arms Carpark which used to be the Blacksmith shop, Cottage, Boys clubroom, Reading room and the WI room which was used to hold dances and plays. And next to that was the village pump where I remember fetching water in pails until the '50s. Opposite village pump is the School House where the Head Mistress of the school lived. From there, after the Thatched cottages was the Post Office, now Roxborough Bed and Breakfast. Opposite was farm buildings known as Lower Court and part of Coxes farm. Joining them, access from Winter Cottage lane, was a stable, where my Grandfather kept a horse that was used to take building materials around with a shed next to it. A couple more sheds and one building used as a garage. Down the lane were two garages, underneath the bungalow, (now Forest Cove) and a petrol pump where the public came for petrol, also a paraffin tank. There were some people still using paraffin lamps to light their houses.

Back on the main road was a General Store and Bakehouse next to the Kings Arms Pub. Opposite is Cox's Farm with just the house remaining. It was a working farm-yard where cows would come in through the village to be milked twice a day, (just imagine bringing them through the village now!) Next to the Chapel, was a General store and Bakehouse also another petrol pump, now the shop and Post Office. Around the corner from there was Well Cottage which used to be two cottages for farm labourers. Opposite that is Glen Cottage which was originally four cottages. Going up Church Hill (Totnes Road), on the left Cobblers Well would have been two cottages and the shoemakers work shop where we got our shoes repaired, at the other end of Cobblers Well, where the Christmas tree is put now, that door used to be the way up to the Retreat. Go through the gate and on your right were sheds belonging to a builder, next to the three cottages, now one, Cobbles Cottage, then the Retreat which was used by Vicars for holidays. Come back down to the road and turn left up the hill were more sheds belonging to the same builder now the lower flat of Hillsdene. Under the top flat of Hillsdene was the stables where they kept a horse used to take around the building materials. Opposite Vicarage Lane was Manor Farm and butcher shop. Across the road from there was Strete Barton Farm (now the Strete Barton B & B). Along the lane where the bungalows are now were all farm buildings and the last bungalow was the round-house where a farm labourer lived. Opposite was White Cottage (always painted white!), coming back to Church Hill, next to White Cottage was a field. Behind the Laughing Monk where two bungalows are now was another Builders yard.

There were 11 business just in the centre of the village, 2 General Stores and Bakers, 1 Post Office, 1 Pub, 1 Cobbler, 3 Farmers, 2 Builders, also Head Mistress of the school, and 2 Rabbit Trappers who helped on the farms.

**I hope you have enjoyed reading my first memories of the village. Pam**



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---

## Stretewise-Congratulations

### Johnathan Ellis

Johnathan Ellis graduated from Plymouth University with a Bachelor of Science First Class Honours in Electrical and Electronic Engineering.

**Congratulations from his family  
and all his friends.**



**UNIVERSITY OF  
PLYMOUTH**

---

## Stretewise Recipe

### **Spotted Dick with a difference .**

Ingredients: 6 oz S.R. Flour 2 1/2 oz Suet 3 oz Sultanas 1 pinch of Salt  
Milk to mix to a soft dough (take care – not too much!) Mix everything together to make the dough; Form a fat sausage shape. Butter some greaseproof paper and wrap the dough in it loosely so that it can expand during the steaming for 1 1/2 hours. Now here's the difference. When serving, Instead of custard with each slice, butter the top surface, sprinkle caster sugar over it and then squeeze a wedge of lemon over that. Absolutely moreish. Happy eating !! Heather

## Stretewise Jargon Buster

Not all jargon relates to modern technology. The *Vinyl revival* is the renewed interest and increased sales of *vinyl records*. Vinyl sales topped three million last year, the highest UK total in 25 years. So time for a jargon buster for those new to the vinyl record and time for the oldies to get their own back.



**RPM:** Revolutions Per Minute. The number of times a vinyl record spins in a minute when placed onto a turntable. There are three main RPM speeds:  $33\frac{1}{3}$  rpm, 45rpm, and 78rpm.

**78's:** Vinyl records before the late-1950s were heavier, typically either 10" or 12" in diameter made using shellac resin. Commonly called 78s, because of the faster speed they were played at, there are still many vintage collectors around today who hold large collections of these early records.

**Single:** The most common form of the vinyl single is the 45 or 7-inch. The 7-inch more durable and higher-fidelity replacement for the 78 rpm shellac discs. Although 7 inches remained the standard size for vinyl singles, 12-inch singles were introduced for use by DJs in discos in the 1970s.

**LP:** Long Playing, and is another word for 'album' it is longer than a single, and also longer than a EP album. While the term LP originally referred to a longer length vinyl, the term is now also often used for CDs and digital downloads too. In regards to vinyl, LPs are 12" records and played at  $33\frac{1}{3}$  rpm.

**EP:** Extended Player seven-inch singles played at  $33\frac{1}{3}$  rpm. It is a musical recording that contains more tracks than a single

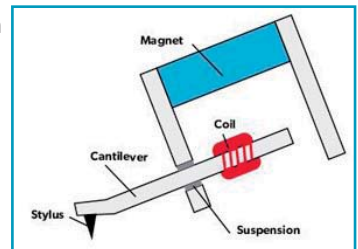
**Turntable:** Hardware used to rotate and play vinyl records.

**Stylus (needle):** This follows the grooves of the record as it spins. It picks up sound waves via vibrations, which are converted to electrical signals by the cartridge.

**Groove:** The vinyl record is placed on a turntable, which rotates at a constant speed, and a tiny stylus is placed in the groove. This stylus traces a tight spiral, leading it from the record's outer edge to its inner diameter, following subtle groove modulations. The stylus is attached to a tiny magnet positioned close to a coil of wire. As the magnet moves within the coil, an electric current is generated in the wire. This electric current which varies in proportion to the squiggles in the groove is sent to an amplifier and then to the output speaker.

**Centre spindle:** This fastens the record in place using the hole in the middle of the vinyl.

**Mat:** The mat grips the record as it spins, providing a soft surface for it to sit on. It's also designed to isolate vibrations from the turntable motor.



# *Hyne Town House*

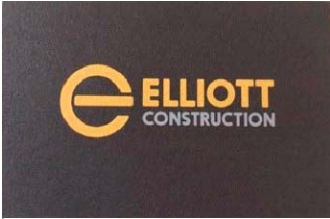


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Company Director

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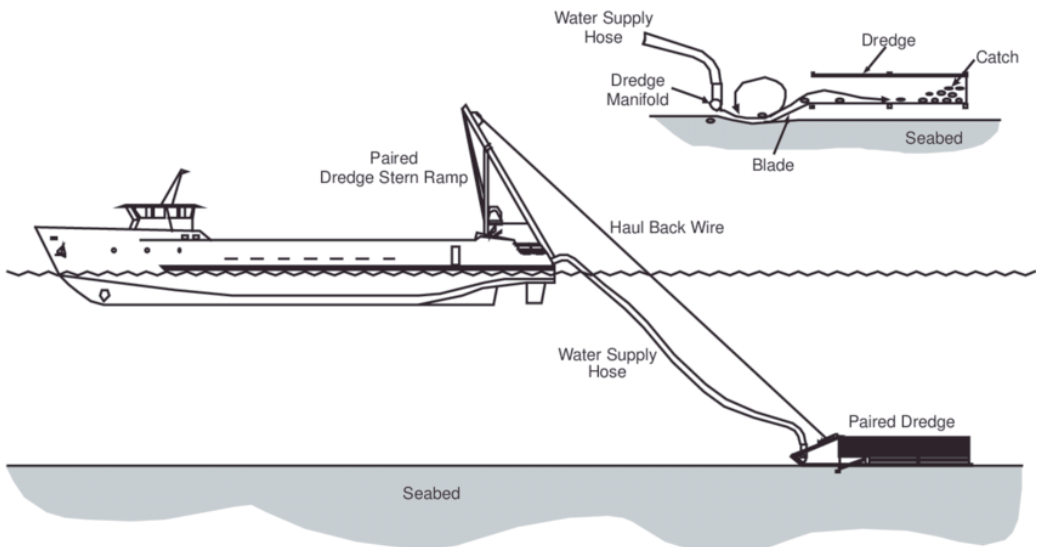
## Start Bay Surf Clams-*Spisula solida*

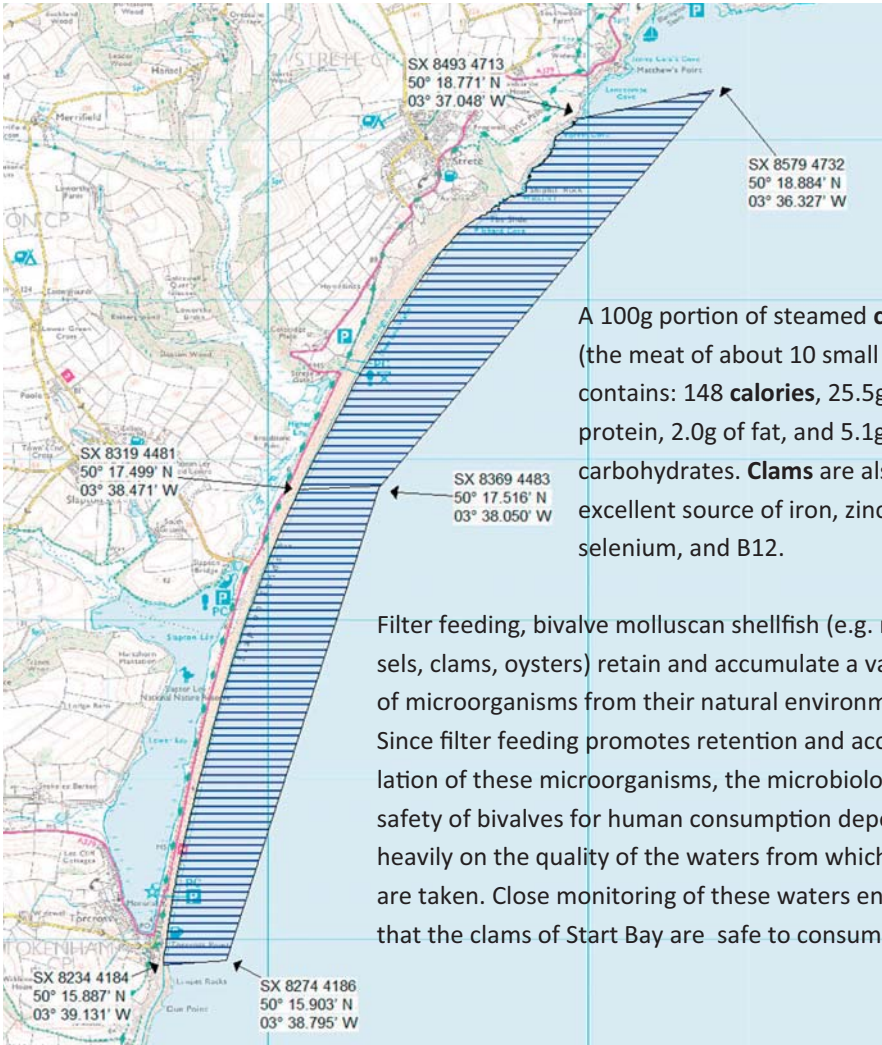
*Spisula solida* is a burrowing bivalve occasionally found at low water but more usually in the sublittoral.

It prefers sandy beds with continually moving water and avoids mud and stagnant water. Stocks are present along a narrow band of Start Bay in the shallow sub-tidal, between the 5 and 10 m depth contours.

The areas fished are rotated on a four year cycle and only animals of four years or older are retained to ensure that the fishery is sustainable over the years. The use of mobile demersal gear is not permitted in southern half of Start Bay and the northern end around the mouth of the Dart Estuary, thereby limiting any further expansion of the dredge fishery. The northern boundary of the classified area currently extends into the closed area around the mouth of the Dart Estuary into the restricted area. There is no closed season for this species so continued year round classification is required. A minimum landing size of 2.5 cm applies within the district so samples should be of animals exceeding this size.

The surf clam is too tough to be eaten raw so it is sold chopped and canned and eaten in sauces and chowders. Clams are easy to prepare and delicious in chowder, spaghetti or paella. Surf clams— clams with a shiny, taupe-coloured shell also suit steaming. As live clams are filter-feeder, inevitably, they pick up sediment and planktons from the seabed. To remove these impurities, the live clams are depurated (purified) for few days before being offered for sale.





Zone	Latitude & Longitude	Species	Growing method	Harvesting technique	Tolerance	Frequency
Slapton	50° 15.959' N 03° 38.999' W	Surf clams	Wild	Dredged	100m	Monthly
Strete	50° 18.542' N 03° 37.218' W	Surf clams	Wild	Dredged	100m	Monthly

# Stretewise Recipe

## Clam Chowder - Anon

### The ingredients:

- 1kg fresh clams, scrubbed
- 500ml whole milk
- 150ml double cream
- 2 x medium, waxy potatoes, peeled
- 2 x sticks celery, chopped
- 1 x small onion or banana shallot, finely chopped
- 200g thick unsmoked streaky bacon or pancetta, cut into small dice squares
- 1 x leek, halved lengthways, finely chopped and cleaned
- 250g cod fillet or white fish, skinned and cut into 2cm pieces
- 1 x bay leaf
- 1 x tsp salt
- 30g plain flour
- Black pepper
- Ground nutmeg
- Handful of parsley or chives
- 6 x Sourdough bread rolls (12 cm diameter)



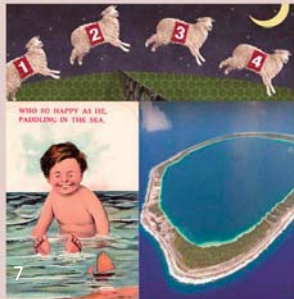
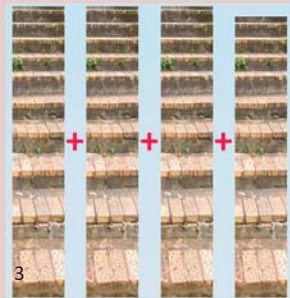
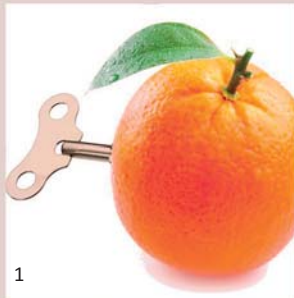
### Method:

Cut the tops off the rolls and scoop out the dough, leaving the crust.  
Heat 250ml of water in a large shallow pan and add the clams. Put a lid on the pan and allow the clams to steam for 3–4 minutes until they open. Then pour into a sieve with a bowl underneath to catch and reserve the cooking liquid.  
When cool enough to handle, remove the meat from their shells and discard the shells. Cut the potatoes into cubes 1.5cm and boil them for 5–10 minutes until tender, then drain and set aside. Meanwhile, heat a medium pan over a medium heat and fry the bacon, shallot, leek and celery until soft. Add the plain flour and cook for a minute or so, then add the reserved clam cooking liquor and stir until thickened. Add the milk, cream, bay leaf, potatoes and white fish, then bring to the boil. Turn the heat down and simmer for about 10 minutes until the white fish is cooked, add the clam meat, season with salt, pepper and nutmeg.  
Ladle the chowder into the hollowed-out sourdough rolls or serve in bowls. Garnish the chowder with chopped parsley.



# Film wise

Can you identify the films? I apologies now for number 12. Answers on Page 60



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# walk&talk

## Dartmouth Thursday walks October - December 2019



Date	Time	Walk level	Location of walk (£=bring money for ferry)	Meeting point
<b>3<sup>rd</sup> Oct</b>	10.30 or 10.55	3 2	Strete to Torcross via Strete Gate and Slapton Ley <b>Strete Gate to Torcross</b>	10.30 – no 3 bus from Dartmouth pontoon or 10.55 Strete Kings Arms Car Park (2 <sup>nd</sup> bus stop in Strete)
<b>10<sup>th</sup> Oct</b>	10.00 or 10.15	2	Broadsands Beach to Brixham via golf course and The Grove (£)	10.00 – 120 bus from Kingswear Banjo or 10.15 Broadsands/Churston Library
<b>17<sup>th</sup> Oct</b>	09.25 or 10.10	2	Dart riverside and Dartington Cider Press circular	09.25 – 92 bus from Dartmouth Pontoon or 10.10 Totnes railway station (Plymouth side)
<b>24<sup>th</sup> Oct</b>	10.30	3	Longwood circular (£)	The Bandstand, Royal Avenue Gardens
<b>31<sup>st</sup> Oct</b>	10.30	3 2	Dartmouth circular walk via Clarence Hill, Yorke Road and Waterpool Road <b>A shorter walk: finish at St Clements church for refreshments</b>	The Bandstand, Royal Avenue Gardens
<b>7<sup>th</sup> Nov</b>	10.15	2	Blackpool Sands via Venn Lane	Dartmouth Leisure Centre, Townstal Return from Blackpool Sands on no 3 bus
<b>14<sup>th</sup> Nov</b>	10.30	1 or 2	Hoodown Woods Kingswear via higher and lower ferries (£)	The Bandstand, Royal Avenue Gardens
<b>21<sup>st</sup> Nov</b>	10.30 or 10.40	3	South West Coast Path circular via Little Dartmouth, Warren Point and Redlap	10.30 – no 3 bus from Dartmouth pontoon or 10.40 Deer Park bus stop Stoke Fleming
<b>28<sup>th</sup> Nov</b>	10.30	1 or 2	Dartmouth Castle & coves circular	The Bandstand, Royal Avenue Gardens
<b>5<sup>th</sup> Dec</b>	10.30 or 10.45	3	Stoke Fleming to Blackpool Sands via Pleasant Valley and the SW Coast Path circular	10.30 – no 3 bus from Dartmouth pontoon or 10.45 Deer Park bus stop Stoke Fleming <i>Optional Christmas Lunch after the walk!</i>
<b>12<sup>th</sup> Dec</b>	10.00 or 10.20	1 or 2	Paignton to Goodington via SW Coast Path circular (£)	10.00 – 120 bus from Kingswear Banjo or 10.20 Paignton bus station
<b>19<sup>th</sup> Dec</b>	10.30	3	Kingswear circular with estuary and river views (£)	Kingswear railway station
<b>26<sup>th</sup> Dec</b>	11.00	1 or 2	Above Old Mill Creek – scenic coastal and river valley views	Dartmouth Leisure Centre, Townstal

#### Additional Information:

- All walkers are asked to complete a short questionnaire before their first walk, please arrive a few minutes before the walk in order to do this. Light coloured clothing is recommended where walks involve using busy roads.
- Dogs are welcome on the walks. Please clear up after them and ensure they are on a lead at all times.
- Please bring medication with you if required.

**For more information about the walks please contact the Dartmouth walks coordinator:  
John Salmon on 07570 848446; or email walkandtalk@talktalk.net.**

#### It's free!

All led walks are absolutely free, all we ask is that you bring enough money to join us for refreshments at the end if you would like to...

Please bring a bottle of water on warm days.  
Please wear suitable clothing (layers are best) and comfortable, supportive footwear.



[www.walkingforhealth.org.uk](http://www.walkingforhealth.org.uk)



# Fancy a change walk&talk

## Dartmouth Walk & Talk Coordinator

John Salmon  
07570 848446  
email: [walkandtalk@talktalk.net](mailto:walkandtalk@talktalk.net)

### We also have walks in....

#### Ivybridge

Tuesday and Thursday mornings – 10.00a.m.

#### Kingsbridge

Monday mornings - 9.45a.m.

Wednesday mornings - 10.00a.m.

Wednesday afternoons - 2.00p.m.

#### Modbury

Tuesday mornings - 10.00am (twice a month)

#### South Brent

Wednesday mornings – 10.30am

Friday afternoons – 2.30p.m.

#### Totnes

Monday and Wednesday mornings – 11.00a.m

**Volunteers** are always needed to help with Dartmouth Walk and Talk, please talk to any of the walk leaders for more information.

## Levels explained

### Level 1

Up to 30 minutes. Suitable for those who do little or no physical activity at all. Using mostly flat, hard surfaced paths with no steep hills or steps, is suitable for wheelchairs and pushchairs.

### Level 2

30 – 60 minutes. Suitable for those who do a small amount of exercise but need to increase their activity level. The walk uses footpaths and pavements with some gradients and uneven pathways.

### Level 3

60 – 90 minutes. Suitable for those who do a certain amount of physical activity but who wish to improve their general fitness and heart rate. The walk uses a variety of footpaths, roads and tracks. Some of which may be uneven, muddy and slippery. These walks may involve steps, inclines and stiles.

**Level 2 +** slightly more strenuous than Level 2.

**Level 3 +** longer than 90 minutes.

**Level '1 or 2' walks cater for walkers of both abilities.**

## Do you know walking can....

- Make you feel good
- Give you more energy
- Help you sleep better
- Help reduce stress
- Strengthen your heart
- Reduce blood pressure
- Help manage your weight
- Achieve better mobility
- Help make new friends

Have you considered joining the local Ramblers group? New members are always welcome.  
[www.ramblers.org.uk](http://www.ramblers.org.uk)

## Inclement weather

The Walk Leaders reserve the right to change or cancel the listed walk, at short notice, should inclement weather make walking conditions unsuitable or hazardous.

  
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## Strete Social Club

Dorothy Teal welcomed members back after the Summer break. She mentioned that a new programme was being prepared for 2020 and that it was proposed to hold our Christmas lunch at the Old Inn, Halwell on the 1<sup>st</sup> December which members were in favour of. Janice our Treasurer, said she will be collecting subscriptions for 2020 in two weeks and the membership fee would be £15 - cash would be preferred as there is no bank in Dartmouth now.

Dorothy then introduced Steve Lewis, a volunteer biker from Devon Freewheelers who was standing in for Daniel Lavery. Steve said that the charity began ten years ago by Daniel Lavery who became aware of the charity in Northern Ireland when his pregnant wife became very ill and needed blood transfusions. Daniel was determined to set up a similar charity here and "Blood Bikes" was formed.

The aim of the charity is to provide an out of hours courier service to the NHS by bike to the NHS in Devon. The couriers not only take blood but blood samples, medical samples and tissue samples for transplant operations. Steve also said they take donor breast milk for premature babies and this he said was his favourite activity - we were all touched by his sincerity and the passion for doing a good job. All the volunteers give their time free - they are asked to give 12 hours a month. The service operates from 5pm to 7am Monday to Friday and 24 hours at weekends and is funded solely by donations from the general public. The bikes alone cost £18,500 each and there is insurance, road tax and maintenance costs. The bikes and uniform are yellow and they have



their logo imprinted on their jackets "Devon Freewheelers - Riding for Life". It costs £300,000 a year for the charity to run. Steve ended his talk by inviting members to sit on his bike and have their photos taken. Dorothy was first up ! Steve was thanked by Judith for coming to talk to us and a collection was made for the charity, Steve stayed for tea served by Mary and Colleen and members asked many questions about the charity.

**Next meeting is on Tuesday, 24<sup>th</sup> September at Strete Parish Hall.**



# Biker Ladies of Stretre



## Stretewise - Events

To celebrate 800 years as a market town Kingsbridge celebrated by holding a market on the Town Square with stallholders selling, honey, jams and chutneys, jewellery and showcasing traditional crafts such as woodturning and spinning.

This included a vintage carousel, medieval musicians and an 'Imaginarium' in a circus tent on the Town Square. and talks on the history of the town plus a display of birds of prey in the gardens of the Cookworthy Museum.

In the Market Hall, a Medieval Banquet, sponsored by 'Twenty Seven by Jamie Rogers'. consisted of three courses prepared by Kate Gill.

The menu included:

'Pottage' a vegetable stew to start a mackerel fish course, a choice of 'Minse Pye', 'Chickens in Ale Broth' and 'Ymbre Tart' for the main, and 'Peeres in Confyt', 'Applemoy' and 'Doucette' for dessert.





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30 Start Bay Park, Strete, Dartmouth, TQ6 0RY



## Stretewise - AONB

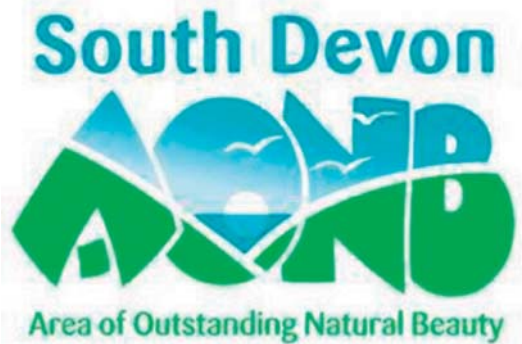
### Publication of the Landscapes Review, 21 September 2019

DEFRA have now published their independent review into England's National Parks and Areas of Outstanding Natural Beauty (AONBs), which will be available at this link.

<https://www.gov.uk/government/publications/designated-landscapes-national-parks-and-aonbs-2018-review>

Since the Landscapes Review launched in May 2018, the panel and Julian Glover have visited all of our National Parks and AONBs as well as many other non-designated landscapes, and talked to people who live, work in, visit and care for them. They held a public call for evidence that received around 2,500 responses and also carried out video ethnography to hear the perspectives of those we might not have reached.

The views and evidence they gathered has greatly shaped the findings and recommendations.



They thought our national landscapes can work together better with bigger ambitions to be happier, healthier, greener, more beautiful and open to everyone. This is what the recommendations aim to achieve and hope those involved in our national landscapes will work together to put them into action.

*'It is 70 years this year since Parliament came together to protect our landscapes. Our country has changed and so must the way we support people and nature. The next 70 years of our national landscapes will be incredibly exciting, and we hope our proposals enhance them'.*

*Yours sincerely,*

*Julian Glover*

Department for Environment, Food and Rural Affairs (Defra)



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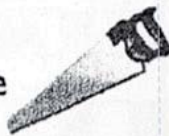
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# STRETE PARISH COUNCIL

Clerk: Mrs Helen Darch

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770018 www.strete.org.uk

## MINUTES OF A MEETING OF STRETE PARISH COUNCIL (PC) HELD IN STRETE PARISH HALL ON THURSDAY 18 JULY 2019 AT 7.00 PM

### PRESENT

Cllr Kate Gill, Chairman (KG); Cllr Ralph Clark (RC); Cllr Ian Cumberlidge (IC); Cllr David Rothwell (DR); Cllr Peter Hales (PH); Cllr Graham Campbell (GC); Cllr Julian Brazil, County Councillor, Kingsbridge Division (JB); Cllr Richard Foss, District Councillor, Allington & Strete Ward (RF); Mrs. Helen Darch – Clerk; four members of the public.

### PUBLIC FORUM

Four members of the public attended the meeting but chose not to speak.

### COUNTY COUNCILLOR'S REPORT

JB reported on Five Mile Lane [Slapton]. Roadworks have appeared here and there are detours but these are not major. Works will be staggered so diverted traffic doesn't have to be sent through major towns. The lower end of the road around Slapton has now been done.

The Slapton Line Partnership [SLP] is holding drop-in sessions which present their proposals for when the Slapton Line [Line] eventually goes and isn't repaired [also referred to in 0719/5 and 8]. JB remarked there must be realism about the vulnerability of the road to storms and whether central government will continue to be willing to provide more monies if the road needs to be repaired again. Two alternatives were referred to:

To considerably increase the size of the carparks at the two ends of the road; that is Torcross and Strete Gate.

To develop the area as a tourist site but with no cars permitted.

In summary, the Line hasn't been abandoned but it is unlikely that in future government funding will be applied for.

GC remarked it would be good if signposting was better so that travelers were aware the road was closed some time before reaching Slapton. JB agreed and that signposting would be better.

**The report was received.**

## **DISTRICT COUNCILLOR'S REPORT**

The favorite place for the memorial to be relocated is to Strete Gate at the moment. He wasn't sure if the SLP had considered the car park at Strete Gate but there was room for parking. The new district councillors are getting to grips with their roles. Planning is very busy with 13 applications at the Development Management Committee on Friday 19<sup>th</sup> July. There was a £400,000 deficit projected in finances to the year-end but there might be funding available from Central Government through rates. SHDC is about to declare a climate change emergency with an aim to be carbon neutral by 2050. The District Council is now plastic-free.

IC asked if there was any money for the steps at Strete Gate which were removed last year. RF promised to speak with Dan Field or Cathy Aubertin about this. IC noted the absence of steps created a crush on the road and that it could be a health and safety issue. RF offered to try this argument. IC finally wondered if the grant monies received last year in particular the £44,380 [Coastal Revival Fund] might be used toward this work. RC remarked there was an issue with Strete Gate carpark in the ongoing consultation and community involvement. RF agreed and said the SLP is aware.

RC also commented on second-home ownership and the current situation whereby owners of properties registered for business rates as self-catering and holiday let accommodation might obtain small business rate relief rather than pay council tax. If, however the property was registered for council tax, the owner might be charged up to double the council tax due on the property at the discretion of the district council. The outgoing leader of SHDC had written on 15<sup>th</sup> January 2019 to the Ministry of Housing, Communities and Local Government to propose all second homes be treated in the same way and all pay council tax irrespective of circumstances. JB confirmed the new leader of SHDC and other councils are lobbying the relevant minister [MP for Richmond North Yorkshire] and central government to amend these rules around second homes.

**The report was received.**

**JB then left the meeting.**

**0719/1      APOLOGIES** – Cllr Louise Newman (LN).

**0719/2      MINUTES OF THE PREVIOUS MEETING HELD ON 20 JUNE 2019**

The above minutes were AGREED as a true and correct record and were signed by the Chairman.

### **0719/3        DECLARATIONS OF INTEREST**

Parish Councillors were invited to declare any unregistered or other interest, including the nature and extent of such interests they may have in any items to be considered at this meeting. **None were declared.**

### **0719/4        CLERK'S REPORT**

**Pub and Asset of Community Value.** The pub was placed on the register on the 25<sup>th</sup> June 2015 and SHDC must review this by no later than the five-year anniversary [SHDC advice 'The Community Right to Bid Assets of Community Value' accessed 17/7/19]. The relevant legislation in The Localism Act 2011 Part V Chapter 3 clause 87(3) requires an asset must be removed from the list by five years from the date of entry into the register. However, this deadline can be amended by the Secretary of State [clause 87(4)].

The Clerk emailed the SLCC to ask their opinion on this and if this had been raised already by other authorities that wish to extend the protection on these assets. They replied to say that one reapplication has been done by another authority and to approach SHDC to ask how they would want an application prepared to extend the registration.

**Resolved: Clerk to approach SHDC to seek advice on an extension to the asset of community value entry on the register for the pub.**

**Street sweeper.** Has been in this week Monday, Wednesday and Thurs to sweep the village. They will return next week to weed areas.

**Hedge cutting.** At the moment we are within the closed season for most hedge cutting. But once the nesting season is over, we shall want to ask owners to cut hedges.

**TPO.** The Clerk has emailed South Hams TPO to confirm the temporary TPO [effective until 17<sup>th</sup> October] will be made permanent. They replied that the Tree Specialist will come back on this [2<sup>nd</sup> July].

**Financial regulations.** Have been updated and sent out to councillors in draft based on latest DALC/NALC template. To review and adopt in September. Last discussed 10/15.

**The report was received.**

### **0719/5        CHAIR'S REPORT** **18<sup>th</sup> July 2019**

**Slapton Line.** The SLP has held two information events in the past few days. These were at Slapton and Stokenham respectively 10<sup>th</sup> and 16<sup>th</sup> July. I have since received an email from Alan Denbigh thanking me for attending also with the question as



to whether Strete would like a drop-in session sometime soon.

We are working on the likelihood of the War Memorial being placed at Strete Gate. The hope is it can be placed in the picnic area behind the free wall parking. Pedestrian access would be from the doorway through the wall and working access would be via the car park. I have tentatively suggested we might require a bigger car park to both Bryan Toll and Charles Dixon. Probate is ongoing for Michael Toll. There is likely to be a wait for that but the plans for moving the memorial could be acted on relatively soon.

**Strete Gate.** On the 9<sup>th</sup> July I did my usual visit on my way home to find smoke rising from the car park. I drove in to find my way blocked by youngsters [two boys aged around 11 or 12] tending a small bonfire of pine needles which they had neatly arranged on the tarmac with a very charred cushion made of foam, which must have been fire-retardant, just below the ticket machine. They must have seen my exceedingly grim expression and done an immediate runner!

Fortunately, I had some bottled water in my car which I used to put it out. Adults on the beach queried where the smoke was coming from.

**Playpark.** It is in very good shape and looks inviting, with the exception of the football goal which always looks sorry for itself and in need of love and attention. My small visitor is still enjoying it.

**VAS sign.** Over recent weeks I have been able to study its function. It is a fairly good indicator of traffic coming into the village. However, vehicles doing more than 30mph as they approach barely register on it. We are lucky if we get a 'Slow Down' message. I think it might be worth approaching Devon County Council yet again with regard to moving the '40' sign further back to Norn's Cross and replacing it with the '20' sign. 40 seems to be an invitation to speed into the village as drivers are not really able to see the '20' sign. It is not just cars: waiting to come out today I witnessed two tractors with empty trailers barely registering SLOW DOWN. Not good at all.

**The Chair's report was received**

#### **0719/6 PLANNING & PLANNING MATTERS**

Moortosea [2032/19/CLE] Application for a lawful development certificate for an existing use or operation – construction of ground floor rear extension. Moortosea, Totnes Road Strete TQ6 0RU. RF explained the certificate applied for is where an applicant wishes to comply and where planning permission is not already in place. So, the application is a matter of note and whether the Council considers the application to be accurate rather than whether the council approves the application.

**It was resolved there was no comment to make.**

## 0719/7 NEIGHBOURHOOD PLAN

### NP Report for PC – July 2019

Following the Exploratory Meeting arranged by the examiner, Deborah McCann, and her decision to suspend further examination of Strete NP for six months, a meeting was arranged by Duncan Smith of SHDC at Follaton House, Totnes on Tuesday 9th July.

The meeting was chaired by Duncan Smith with Mr C. Dixon and Mr J. Smith (representing Strete Estate), Kate Gill and Ralph Clark (representing Strete NP) in attendance.

The purpose of this meeting was to establish and clarify the objections raised by Strete Estate to Strete NP and to try and find a way forward to resolve these objections.

Duncan Smith of SHDC was supportive of the work undertaken to produce Strete NP and informed Mr Dixon that the NP complied with the Localism Act 2011, the legislative requirements and the policies of the Plymouth and South West Devon Joint Local Plan.

It is important to note that most of the policies in the NP are not contested by Strete Estate.

### POLICY SNP8: HOUSING DEVELOPMENT SITE AT COX'S FARM FIELDS

a) 17 new homes, designed to enable home working and built to high eco-standards, including at least 5 affordable homes. ***Mr Dixon queried the wording 'home working'. It was suggested this should be interpreted as having high speed internet connection to each property.***

b) a public car park and open space to serve the needs of the village, ***Mr Dixon requested the opportunity to consider some revised/additional wording to this***

c) vehicular access from the A379 and The Plat, joined up to enable permeability ***Mr Dixon acknowledged this was a practical solution***

d) footpath links between the A379, The Plat and Blackbird Wood. ***It was suggested the footpath link between the A379 and The Plat would form part of the vehicular access. There was no discussion on the link to Blackbird Wood or open space although the issue of Low Density well-spaced properties was mentioned.***

The development shall conserve and enhance the Conservation Area and designated assets. ***Mr Dixon expressed a wish for the two sections in Cox's Farm Fields that sit inside the Conservation Area to be included within the proposed development site.***

***Mr Dixon also expressed a wish for access to be included from Cox's Farm to the proposed development site link road. This is requested to improve safe access onto the A379.***

The points raised by Mr Dixon in respect of SNP8 ought to be easily resolved. If agreement can be reached that will enable Mr Dixon to recommend inclusion of the site for housing development to his client, it will then be necessary to arrange dialogue and a site meeting with Historical England. Historical England has expressed concern at the closeness of the proposed housing development site to the Conservation Area as have some members of the community. Any housing development proposal in this area has to be treated with extreme sensitivity in accordance with all the regulation guidelines that have been incorporated into the NP as well as the wishes of the community.

The most significant issue raised by Strete Estate was the restriction on second homes detailed in **POLICY SNP9: PRINCIPAL RESIDENCE REQUIREMENT**

It was agreed that a meeting would need to be arranged involving SG members, Strete Estate and SHDC to listen to the concerns of all parties in respect of this sensitive matter. These discussions may provide an opportunity to secure a compromise leading to Strete Estate agreeing to Cox's Farm Fields being included in Strete NP for future housing development.

The meeting is to take place at Strete Parish Hall commencing at 6:30pm on 6th August.

There may be an opportunity to make progress with Strete Estate.

Mr Dixon is to be invited to comment on policy SNP9 and SG members will be asked to only consider and comment on the points raised by Mr Dixon. Any decision to remove the Principal Residence Policy can only be made by representatives of the community.

We are entering a phase where negotiations must be focused and clear as to what is included in the NP and where compromise could be proposed.

On-going discussions with Duncan Smith are to take place on the issue of compromise proposals.

Should agreement be reached Mr Dixon advised that any undertaking to proceed with housing development at the site was unlikely to commence for at least three years due to the issue of probate for his client. This would also be subject to a viability appraisal and planning application to allow consultation with the Parish Council and the community.

**The NP report was received.**

**0719/8 UPDATE ON THE SLAPTON LINE, PLACING OF THE WAR MEMORIAL & PROVISION OF EXTRA PARKING ALONG THE SLAPTON LINE**

The SLP had put on two meetings for the public to attend and learn about the future plans for the Line. These were held on the 10<sup>th</sup> July at Slapton and 16<sup>th</sup> July at Stokenham. A number of Strete councillors had attended these meetings.

GC felt the displays and stance taken was quite negative. He was concerned no proposals existed to resolve what happens when the Line breaches next time and then what would happen. He observed there is a large piece of land at Torcross which could be used for a replacement road if the Line washes away. The Strete Gate end of the Line could be reinforced and piles driven down. He noted the Line is extremely important for tourism and local traffic and business would be affected particularly down at Torcross. Slapton might be cut off [accessible only through back roads].

RF stated the policy is to keep the road open as long as possible. However, the views of the national organisations involved with the Line ie the Environment Agency and Natural England have considerable weight behind them. For instance, piles cannot be driven down as the land is in an SSSI. Any foreign material brought in has to be vetted eg tarmac. The road cannot be moved any further back though if minor damage occurred that was likely to be repaired. RF reckoned the road is worth around £5m per year in the community based on work done with Plymouth University.

GC commented that the road predated the SSSI. It was explained that the protection started with a designation as a shingle bank to which the protection offered fauna and flora was added. However, if the Lea is breached and becomes saline then the flora and fauna would most likely change.

RC commented there is a gradual process whereby people adapt to the notion of the road wearing away gradually. Possibly technology will emerge to solve this in the future.

RF observed when the last major breach happened in 2001/2 it was thought there would be no need for repairs for another 25 years. However, people and business have to adapt and prepare for a next phase when the road is breached.

**0719/9 ACCESS TO THE BEACH FROM THE PUBLIC TOILETS**

**It was noted that this had been discussed as part of discussions above [0719/5] and there was nothing to add.**

**0719/10 VILLAGE PUMP**

IC had cleaned up the pump and it can now be put back and repainted. He confirmed he was happy to do the repairs needed.

**The report was received.**

## **0719/11 UPDATE ON CONTRACTS**

**Greenspace.** There had been no invoice for July but the contractor has had difficulty with a broken-down tractor. GC remarked he will contact the contractor when he is required. He thought there would not be as many cuts as contracted for in July and August [3 per month] but he will keep tabs on this. Cuts were needed around the sewerage plant, Manor Farm to Start Bay Park, and around the recycling bank.

**Playpark.** The Localities team had forwarded the latest [6 month] Allianz report on the state of the playpark. There was nothing urgent that would invalidate the insurance but there are some items identified that need to be fixed. Also, the report suggests strimming activity is damaging support posts on some of the play equipment but this had been raised in earlier reports. A letter from SHDC was received 18<sup>th</sup> July regarding insurance and proposing the parish council might want to take over the insurance on the playpark currently take out by SHDC and recharged to the parish.

**Resolved: The Clerk would speak with BHIB about any extra costs on the premium if the parish included the playpark area in its cover.**

## **0719/12 COUNCILLORS' REPORTS**

**KG (Chair) Playpark. Reported on in 0719/5 and 11.**

**LN Transport and Roads.** Vicarage Lane will be cut in the next few weeks.

**DR Health and Safety.** DR is now the Parish Hall representative. There are considerable plans for works in the Hall to include the gable end wall where there is a report and pricing awaited. The porch at the back will also be replaced at some point. IC had presented a report on works to the trees around the Hall which includes a schedule and pricing.

**IC Rights of Way, tree warden and Strete Gate.** Rights of Way are being well used. He noted that the right of way across Philip Knight's field out of Strete [on left hand side] is from the bench on the Totnes road and is marked with a sign post.

**Tree warden.** A tree at the bottom of the Tannen land has been cut down. It was an Ash but had no signs of Ash dieback. **Unfortunately, the tree was not protected but IC will look further into this.**

**Strete Gate:** the steps are being dealt with. The sweeper turned up lateish at the car-park and there was a lot of rubbish in the corners. It needs a good litter pick. Maybe one for LN to arrange. He wondered if SHDC should schedule the sweeper to do the work earlier in the day. The bins are emptied.

The major buddle holes were cleaned out on Wednesday.

**RC Planning and Neighbourhood Plan.** RC noted the planning appeal decision for Blindwells was outstanding. A ruling is expected by the 31<sup>st</sup> July. Approval for the plans to the Old Vicarage has been granted at the Development Management Committee on 12<sup>th</sup> April 2019.



**PH The VAS sign and local transport liaison.** The VAS is now working well. There are now at least three weeks between charges. He will let the battery run down at some point to check its life. He had been in Torcross when the RNLI were running a two-minute voluntary beach clean by members of the public. He suggested this could be tried at Strete Gate. **Resolved: that the bank in line with the VAS and the area around the VAS mounting post be added to the scope of one of the grass cutting contracts so that the device has a clear view of oncoming traffic unhindered by foliage so that it can operate properly and equally, drivers have a clear view of the VAS .**

**PH is also attending the Stagecoach Southwest Annual Stakeholder conference on 27<sup>th</sup> July and wanted any items anyone wanted to be raised.** GC asked if the hospital bus routes to Torbay, Kingsbridge and Exeter RD&E hospitals might be reinstated.

**Resolved: PH will raise the possibility of a bus connection from Strete to the major hospitals at the meeting on the 27<sup>th</sup> July.**

**GC Village Green.** GC reported back that he had spoken with Daisy's Dog Food and [she] agreed to provide emergency dog bags at the Green if the Parish Council fund this and erect a sign on the Village Green.

#### **0719/13(a) FINANCE**

The Clerk supplied the meeting with a list of cheques for payment. RC asked about cheques 1652 and 1662 which had not been listed on agendas. It was confirmed these were for the Clerk's expenses and expenses incurred by Ian Cumberlidge. These payments had been reported in the minutes for May [0519/12(a)] and June [0619/13 (a)]. A late cheque 1666 was added to the list on the agenda.

1663 – Lee Bray expenses £277.70	1664 – Chris Ellis strimming £100.00
1665 – Clerk salary July £244.25	1666 - Strete Parish Hall hire for June £40.00

**It was proposed and AGREED by all present to authorise payments as enumerated above.**

#### **0719/13(b) FINANCE**

A monitoring report for the year to July 2019 had been circulated already along with a cashflow projection. The latest projection of 2019/20 to the end of September gives CR 9,513 to include the second half precept of £6k. It was agreed the latest monitoring should be published on the noticeboards. **Resolved the Clerk would provide the monitoring statements for the boards and website.**

**Online banking.** The Clerk presented a short report that outlined the merits and drawbacks of using online banking for the parish accounts. **It was resolved to leave matters as they stood at the moment with manual banking and telephone/branch access to information.**

## 0719/13(c) FINANCE

Cash at bank – £7,221.27 CR Current account at 08/07/19, £10,278.36 CR Business Reserve account at 08/07/19.

## 0719/14 CORRESPONDENCE

Correspondence as listed on the agenda was noted. A later addition being the letter from SHDC regarding the insurance at the playpark was noted and discussed in 0719/11.

## 0719/15 REPORTS

Councillors were asked if there was anything else to add. IC referred back to his report on the felled ash tree.

## 0719/16 THE NEXT PARISH COUNCIL MEETING WILL BE HELD ON THURSDAY 19 SEPTEMBER 2019 IN STRETE PARISH HALL AT 7.00 PM.

**THE MEETING WAS CLOSED** at 8.50 p.m.

Signed: Cllr Kate Gill (Chair)

Dated: 19 SEPTEMBER 2019

### ACTION POINTS:

**Clerk: to approach SHDC to seek advice on an extension to the asset of community value entry on the register for the pub; to speak with BHIB about any extra costs on the premium if the parish included the playpark area in its cover; to provide the monitoring statements for the boards and website.**

**IC: to look further into the felling of an ash tree at the bottom of the Village Green.**

**PH: to raise the possibility of a bus connection from Strete to the major hospitals at the meeting of the Stagecoach Southwest Annual Stakeholder conference on the 27<sup>th</sup> July.**

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## Dartmouth Park and Ride

Long Stay (11 Hours Max) Car Parks	Charging Period	Up to:	Price
Park and Ride TQ6 9LW	All week 8.00 a.m. to 7.00 p.m. Cars and motorcycles	All day (Low Season - when buses stop running)	FREE
		All day (High Season - when buses are operational)	£5.00
		2.00 p.m. to 7.00 p.m. (Low Season)	FREE
		2.00 p.m. to 7.00 p.m. (High Season)	£3.00
	Coaches	All day (Low Season)	FREE
		All day (High Season)	£7.00

## CHSW Christmas Fair

**Saturday 23<sup>rd</sup> November 10am to 3pm in The Old Market, Dartmouth TQ6 9QD**

An early chance to get those Christmas gifts sorted – then you can relax and enjoy the festive season! Lovely crafts, cards, jewellery, cakes, woven and felted gifts, children's clothes and much, much more, all ideal for Christmas presents! Hopefully the children's Dashing Devon Dukes will be able to play their ukuleles for us again. Proceeds from this event will help Children's Hospice South West to provide essential specialist care and support for over 530 families with life-limited children in the South West. Contact Sue Tweed on 01803 770730 or email [tweed833@btinternet.com](mailto:tweed833@btinternet.com) for further details.

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## Christmas Fayre

Stoke Fleming Charitable Ladies will be holding their Christmas Fayre on 23<sup>rd</sup> November, from 10am to 12am in Stoke Fleming Village Hall.

The event will be raising funds for the Dashing Devon Dukes – our local school children's (Stoke Fleming, Blackawton and East Allington) ukulele band who play to raise funds for a number of charities and need funds to enable them to rehearse and buy new instruments and equipment.

The Charitable Ladies meet on the 1st Wednesday of each month (except August and December) to organise three local fundraising events each year.

New members from Stoke Fleming and surrounding areas are most welcome to join. Contact Sue Tweed (Secretary) on 01803 770730 or email [tweed833@btinternet.com](mailto:tweed833@btinternet.com) for more information.

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# Spot it. Report it.

South West Water maintains **1,439km** of public sewers and **15,401km** of water mains - if laid end to end, they would reach Australia and back.

We work 24 hours a day, 356 days a year, to keep our networks running smoothly and you can help.

If you see a leak that needs urgent repair, please call our free 24-hour helpline on **0800 230 0561**

If you spot anything you think could be pollution, please call our 24-hour services helpline on **0344 346 2020** or report it on our website: [southwestwater.co.uk/pollution](http://southwestwater.co.uk/pollution)



## Stretewise - Reader's Corner

In the Bible from Psalm 65 we read.

'You show your care for the land by sending rain, you make it rich and fertile. You fill the streams with water' you provide the earth with crops. You send abundant rain on ploughed fields and soak them with water, you soften the soil with showers and cause the young plants to grow. What a rich harvest your goodness provides.'



Grace at mealtimes, thanksgiving for our food has been a practice for many families for several generations. On my prayer cube are the words 'For food and drink and fellowship God's Holy name be praised' Amen.

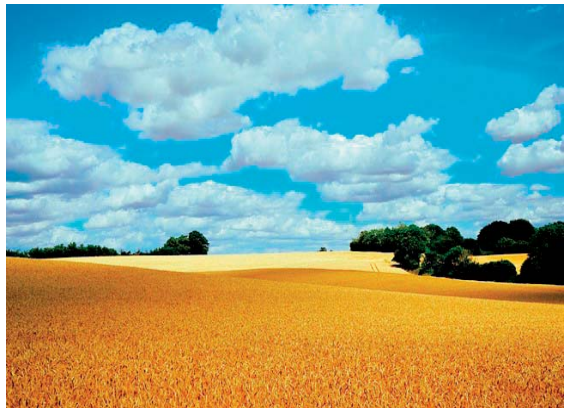
In many regions of the world harvests are inadequate and people face hardship as a result. At times this is the result of changes in the weather pattern or other natural disasters that cause crops to fail, but often it is because of unthinking and careless commercial or industrial activity of others. There are individuals and organisations, who by putting their own interests first, without due consideration of the effects, that are affecting the lives of others and the balance of the natural environment. Natural disasters, which seem to be happening so frequently these days, are ultimately the consequences of humanity's wrong choices.

'Make us mindful of the needs of others' is said as part of a mealtime grace that many use. In this modern world of today with supermarkets open all the year round, we can but follow the Celtic example of recognising the gifts from God, that surround us, and thanking and praising him throughout the day. Whatever affects the earth affects those who live in it, especially the poor. We can not do everything - that feels overwhelming, but we can do something to help those less fortunate than ourselves and to preserve our beautiful world.

The follow words have an unknown source, but were first printed in the Australian Church Standard.

' Be gentle when you touch bread.  
Let It not lie uncared for, unwanted;  
So often bread is taken for granted.  
Beauty of the sun and soil.  
Beauty of patient toil.  
Wind and Rain have caressed it.  
Christ often blessed it.  
Be gentle when you touch bread.  
Love and, Joy and Peace.'

Jenny Harris







**In fond memory of**  
**Audrey Lewis-Clarke *née* Brice**  
**25th December 1930 – 3rd September 2019**

Audrey was born on Christmas Day 1930 in North Weald Essex. She shared her Birthday with Jesus, the person who would have the greatest influence over her life. She was the third of three sisters and one younger brother.

***“I lift up my eyes to the hills –  
where does my help come from?  
My help comes from the Lord,  
The Maker of heaven and earth.”  
Psalm 121***

At the age of 9 together with her little brother she was evacuated during the war to Somerset, not a happy experience but thanks to a formidable Christian Aunt she was rescued and taken to a new home.

At the age of 13 Audrey solemnly and sincerely gave her heart to Jesus.

Her longing was to become a missionary in China but the changing situation there meant this was no longer possible. Audrey took up a career in nursing which together with her deep faith rooted in Christ, nurtured her compassion and caring of others, her gentleness, patience and abiding humility.

Audrey married Jack Clarke. They had three children Jeremy, Viv and James.

In 1988 they moved to Strettle Lodge where Audrey fulfilled her dream to own and manage her own Residential Home, her residents becoming friends and like family to their own family.

A committed Christian, Audrey loved nothing more than to share her home, the door was

always open and many Christian groups, Alpha Courses and Prayer Meetings have taken place there over the years.

To many of us she was one of the loveliest, kindest and most thoughtful and endearing of people. So very much loved by so many, many people, may she rest now in peace and rise in glory.



# Christians Together in Strete

A time of fellowship, prayer and Bible Study  
Christians of all denominations in the village and those who would like to know more about the Christian faith always welcome.

**This term we continue our study of St Mark's Gospel**

We meet at various people's homes in the village.  
Monday afternoon 2.30 pm – 4.30 pm. usually fortnightly.

**Monday 23<sup>rd</sup> September** at Blossom's Pasture Hyne Town Road

**Monday 14<sup>th</sup> October**

**Monday 28<sup>th</sup> October**

**Monday 11<sup>th</sup> November**

**Monday 25<sup>th</sup> November**

**Monday 9<sup>th</sup> December**

**Spring Term starts Monday 6<sup>th</sup> January 2020**

**Newcomers always welcome**

please phone Jilly 770 254 to check venue

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## Stretewise Mocktail

The Tom Collins is considered by mixologists around the world as the grandfather of modern cocktails. The Tom Collins is made from gin, lemon juice, sugar, and carbonated water. The recipe was first written down in 1876, but this non-alcoholic version puts a new twist on an old favourite.

### Ingredients:

Pomegranate Juice 60ml

Soda Water 30ml

Pomegranate Seeds 1 serving

Lime 1

Tom Collins Glass

### Directions:

Squeeze lime into Tom Collins glass, Add ice, Pour in 60ml pomegranate juice, Add 30ml soda water, Garnish with fresh pomegranate seeds and stir.



## Hard Times

Passed to Andy Pound by one of his customers of the South Brent Post Office is a transcribed extract from the Brent school log of 1877 – 1880. They give a short and blunt matter of fact insight into some of the hardships that families encountered 142 years ago a rural landscape. Children kept from attending school to help harvest the Whortleberries to provide valuable extra family income, children unable to attend through lack of boots and the consequences of families losing their main income provider. But as my grandmother would say “Times were hard but we know how to enjoy ourselves”. The school log complains of that the Brent fairs held from ‘time immoral’ interfered with the regularity (attendance) of the children.

### EXTRACTS FROM SCHOOL LOG BOOK (Transcribed in 1977)

1877 19 <sup>th</sup> Jan	I would here record that I entered upon the task of managing this school with certain misgiving <sup>1</sup> to my ability to overcome the great difficulties which most certainly will be found here there having been no proper school in the place before. The Brent children are under no control and are as wild and untrained as – probably – any to be found in a country place. It is but bare justice to myself to say that I kept capital order throughout the day by voice and eye alone. There will <b>never</b> be a great use made of the cane here by me.
9 <sup>th</sup> Feb	Susan ..... one of the children alluded to under date Feb. 9 <sup>th</sup> died today of Typhoid fever after about one week's illness. She was a plump, healthy child and attended the School one week and one day.
9 <sup>th</sup> April	Jervis ..... came to school today with his face, neck and hands disgracefully dirty. The assistant mistress took him to the lavatory, gave him a piece of soap and him whilst he gave himself a thoroughly good wash.
1 <sup>st</sup> Aug	Upper part of school Very thinly attended. I shall be heartily - glad when the Whortleberries are all gone. Parents and children spend many odd days at this work. The fruit fetches from 4d. to 6p. per quart. Hay making, too, is very general here.
6 <sup>th</sup> Aug	One of the parents came to me complaining that her little girl had been sent out to be washed and that she was called after by some of the people as she re turned from her work at the factory last week and taunted with the fact.
2 <sup>nd</sup> Oct	The Brent Fairs interfere greatly with the regularity of Two days nave been devoted to the Fair from immemorial".

1878 8 <sup>th</sup> April	Many have colds, some who live at a distance are prevented from attending by the bad state or the roads. Others are needed at home by their parents. Altogether' the state of things is not at all encouraging.
5 <sup>th</sup> Oct	Emily ..... has now been absent three weeks, helping to nurse her father who has typhoid fever. A message is now sent to say that her mother will be going out to work to earn something for the support of the family, and therefore Emily will have to remain at home.
1880 5 <sup>th</sup> April	Emily ..... a Third Standard child nearly twelve years of age has left, having gone into service.
10 <sup>th</sup> May	Matilda ..... came to me this morning before School time saying that she could not come because her mother could not pay her school money. The father being out of work.
1882 5 <sup>th</sup> Jan	Ann ..... has returned to school today after having been absent several weeks through want of boots.
1 <sup>st</sup> May	Elizabeth ..... has left to go to the workhouse.
10 <sup>th</sup> Oct	Spoke to the school on 'Good Manners". There are many rough, neglected boys in the school. The Brent boys are undoubtedly a wild, rigorous lot lads, but they are remarkably well disposed tractable.
7 <sup>th</sup> Nov	A wet day. Many children away to help their mothers get in their allowance of coal given by the Feoffees.





## Stretewise Recipe

### Whortleberry Pie

#### The ingredients:

#### The pastry

225g (8 oz) plain flour  
100g (4 oz) cold, unsalted butter, cubed  
1 tbsp caster sugar  
Pinch of salt  
4 - 6 tbsp. very cold water

#### The Filling:

1lb bilberries, blueberries or Whortleberries.  
80-100g (3,4oz) sugar  
1oz corn starch  
Pinch of cinnamon

#### Method:

Sift the flour and salt into a bowl. Rub in the cubes of butter with your fingertips until the mixture resembles fine breadcrumbs. Add sugar. Blend in enough water to bind the mixture, using a knife. Gather the pastry into a smooth ball with your fingertips. Wrap in cling-film and leave it in the fridge for about 15 minutes.

Cut off one third of the pastry and set aside. On a lightly floured surface roll the rest of the dough out into a 9in (22.5cm) circle. Lift it up with the rolling pin and unroll over a greased 8in (20cm) pie dish. Push the pastry down and trim. Fill the entire pastry case with bilberries. Mix together sugar, corn starch and cinnamon and sprinkle this over the fruit. Now make the lattice from the remaining dough.

Roll out 14 - 18 thin ½ in (1cm) wide strips of pastry, the longest being the diameter of the pie dish. Also keep enough pastry final band which will go around the top.

Moisten the rim of the pie with a little water. Lay down pastry strips across the pie dish in a horizontal position. Starting from the centre, now fold back every other strip on the right side of the pie and then lay down one pastry strip in a vertical position. Put the horizontal strips back. Now fold back the other horizontal strips and lay down another vertical pastry strip. Continue weaving until you reach the edge and then repeat on the other side. Roll out a long narrow band of pastry, moisten the edge of the pie with a little water and lay the band of pastry all around.

Press the rim together with a fork Brush pastry with milk. Bake in a pre-heated oven at 220C/425F/gas 7 for 15 mins, then reduce temperature to 180C/350F/gas 4 and bake for another 30-35 minutes.

When cooked serve with some proper Devonshire cream.



# Stretewise Whortleberry

## Vaccinium-Whortleberry

The berries are very dark blue, almost black with a white 'bloom' that can make them appear lighter. There is often the remains of the flower surrounding a tiny 'cog wheel' on the end of the berry. Heather and gorse grow on the drier hillsides, and whortleberry bushes are laden with juicy black berries in late summer. Whortleberries grow in abundance on Dartmoor and are also known as hurt berries. There was a tradition, which lasted up to the Great War, of families from the villages on the edge of the moor taking their children on to a site particular to each village to pick the berries for eating and the making of hurt gin.

Season Start	July
Season End	September

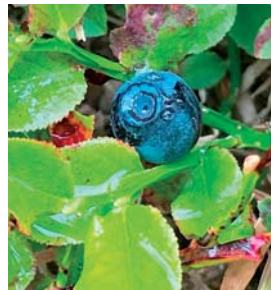
For centuries moorfolk would have 'gwin to moor, pickin' hurts'. This would have been treated as a sort of holiday and between July and early September small parties would be seen all over the moor. In some instances, children would be kept away from school in order to go pickin' hurts because if they came from a poor family the money earned was vital to the household income.

In 1929 a man from Moretonhampstead was brought before the local sessions by the local attendance officer for regularly keeping his children away from school in order to pick whortleberries. In the man's defence he said that; "*The ten children, the missus and me sitting at a table is sufficient cause for keeping some home from school in order to help feed them.*" By no means was this a singular occurrence as many poor families were in the same predicament.



However in 1940 as part of the war effort school children were given various tasks to do during the first two weeks of the summer holidays and in Devon whortleberry gathering was one of them. In the August of that year it was reported that 1,812 pounds of whortleberries were picked by children in Devon.

Did you know? • Whortleberries are rich in vitamins C and D. • Used widely in Europe for the treatment of a variety of ocular disorders. • Believed by some European surgeons to enhance the healing of wounds after surgery. • Used by herbalists to treat & prevent bruising, varicose veins and a variety of vascular disorders. • During World War II, the berries became popular among Royal Air Force pilots, who claimed eating Whortleberry jam prior to night bombing raids improved their vision.



## Stretewise - Events

If you would like your up and coming event mentioned in Stretewise. Contact: [stretewise@outlook.com](mailto:stretewise@outlook.com)

**The Kings Arms Strete:** A Coastal Pub and Restaurant with stunning sea views serving good homemade food, real ales and fine wines. Hosts regular quiz nights on Tuesday evenings at 7.30pm. Live Music evenings are also advertised.

**The Tap House:** Stokeley Farm. All new home for the South Hams Brewery, hosting regular Live Music and foody events on the first Saturday of every month.

<http://www.stokeleyfarmshop.co.uk/events.htm>

**Dartmouth Food Festival:** 18th - 20th October, 2019

The Dartmouth Food Festival is back for 2019 with a tempting mix of delicious regional food and drink, chef demonstrations, workshops, lively food debates and fun for all the family. Set in the beautiful estuary town of Dartmouth in the South Hams from Friday 18th to Sunday 20th October the 3-day event is a foodie's heaven, celebrating the very best food, drink and culinary skills from the South West.

Entry to the festival is free with a charge for some events. Dartmouth Food Festival relies on the generous support of festival sponsors and patrons featuring workshops, seminars, tastings, competitions, demonstrations and over 120 hand-picked exhibitors (70% of which are from Devon), it truly is the very best that the South West has to offer. The Festival welcomes many special guests, from internationally renowned chefs to celebrated writers and critics.

**Candlelit Dartmouth 2019:** will take place on Friday 29th November and Saturday 30th November where pageantry, glamour and romance are the name of the game. By day the medieval streets are filled with entertainers, children's activities and live music. Shoppers explore the festive market and browse in over 200 independent stores, but at dusk the town is transformed into a glittering wonderland. Highlights over the two-day event include a spectacular procession with hundreds of beautiful, hand-made paper lanterns and Father Christmas's boat gliding silently through the moonlit waters of the river Dart!

Candlelit 2019 will be run in conjunction with Mayflower 400 who will use the event to launch their celebratory year. On Saturday 30th November, the event will extend to become Mayflower Candlelit 2019. The procession will be led by a large Mayflower Lantern boat followed by small boat lanterns as well as a variety of lanterns created by families.



# Stretewise - Events - Probus

## The Probus Club of Stoke Fleming & District

**Where friendliness matters above all else.**

The Probus Club has enjoyed a very interesting and informative first half of this year (January to July), with some extremely well presented talks ranging from Formula 1 in the Ancient World, Winston Churchill - his early Life, Lido Days are Limited, through to Greenway – World War 2 - The Frieze. All professionally delivered, they have been well received and appreciated by members in attendance.



Probus Clubs have been in existence for many years and can be found all over the country. Our main aim is to encourage men who have or are, about to retire and enjoy the fruits of their labour to socialise in the congenial and relaxed atmosphere of our home base – the Stoke Lodge Hotel. We are a mixed bunch and if our title suggests in any way that our membership comes solely from those with “professional and business” experience this is certainly not the case. Our members’ background and experience is as wide and diverse as one can imagine.

We meet mostly twice a month at the Stoke Lodge Hotel, Stoke Fleming on the second and fourth Wednesdays. The first Wednesday commences with coffee at 10.30am followed by a speaker at 11.00am and then lunch at 12.30pm. The second Wednesday commences with coffee at 10.30am and then the speaker at 11.00am. This November we also look forward to an autumn lunch in the Hotel to which partners are invited.

We are non-sectarian, non-political and a not-for-profit club. We support the concept of charitable activities but do not undertake any fund raising or charitable works.

### **THE PROBUS CLUB OF STOKE FLEMING & DISTRICT PROGRAMME OF SPEAKERS**

#### **2019**

#### **September 25th – Lunch**

JOHN POLLEY

“London’s New River”

#### **October 9th – Lunch**

IAN McCLURE

“An Interpreter’s Life”

#### **October 23rd – Coffee**

PAUL NAYLOR

“The Colourful Lives of Devon’s  
Marine Animals”

#### **November 13th – Lunch**

MIKE LAKEY

“Dresden”

#### **2019**

#### **November 27th—Ladies’ Lunch**

JANET SELICK

“Agatha Christie and her Poisons”

#### **December 11th – Lunch**

JIM REDMAN

“The Crown Prince of Denmark”

#### **2020**

#### **January 8th**

No meeting

#### **January 22nd - Lunch**

JEREMY SACKET

“The World of Real Coffee”

**FOLLOWED BY AGM**



# Statement – Relocation to Health & Wellbeing Centre

August 2019

The intended move of Dartmouth Medical Practice to a new Health & Wellbeing Centre at the top of town, while welcomed by the majority of patients we have canvassed, the Patient Participation Group and Staff of the practice has generated some strong feelings amongst people living in the town. The GP Partners at Dartmouth Medical Practice are aware of these feelings. The purpose of this statement is to provide accurate information to patients on the proposal in relation to comments circulating on Social Media and in the town.

It is believed that a new, purpose built GP premises, with parking facilities will allow us to:

Secure the future of GP services within Dartmouth and the surrounding villages in “fit for purpose”, modern premises.

Expand on current medical training offerings. We will be able to offer additional medical training facilities within Dartmouth due to an increased clinical space provision. This will both introduce the future workforce, who are currently undergoing medical training to Dartmouth and what we are able to offer, but also bring an increased amount of appointments for patients, while at the same time, supporting the medical workforce of tomorrow.

Enhance our offering to GPs and other medical staff looking to re-locate to Devon. A purpose built property, with parking and all facilities, in the wonderful surroundings of Dartmouth and the South Hams, we believe, will make us an attractive proposition to any potential colleague looking to work and live in the area, helping to ensure access to GPs for patients in the future.

Provide better and enhanced access to our patients with limited mobility, but also those who live at the top of town and in the surrounding villages. Many of our patients cannot park to attend appointments, or collect medication from the pharmacy. We believe improved parking facilities will lessen the anxiety many of our patients currently experience in trying to reach us.

Provide enhanced collaboration with Allied Health Professionals such as Physiotherapists, Health Visitors, District Nurses, Social Care and the Voluntary Sector, reducing physical “barriers” between sectors and enhancing patient wellbeing.

We have also read comments and some upsetting speculation and inaccurate comments on social media around the finances of this move and the impact on the GPs working in Dartmouth Medical Practice, potentially undermining our work in delivering healthcare in an increasingly challenging environment. We would like to confirm that no single GP or any single person working for, or associated to Dartmouth Medical Practice will profit from the relocation or the potential sale of the current property. Indeed, it is likely that there will be significant costs to the partners to

# Statement – Relocation to Health & Wellbeing Centre

August 2019

enable this opportunity to take place.

We understand the strength of feeling regarding the hospital closure. We were unable to influence this decision. However it has to be said that its future was uncertain given the changes in the model of care, the desire to reduce fragmentation of NHS Services, CQC Requirements and difficulty recruiting. The linked offer to a Health & Wellbeing Centre at the time of the hospital closure presented a future of healthcare in Dartmouth that we felt had to be taken. We continue to work with the Patient Participation Group and wider Stakeholders, including the trust to address concerns around bed provision locally.

We have invested an enormous amount of time and energy working on this project, alongside our partners. We truly believe that such a move will be beneficial due to the reasons laid out above. This is an exciting opportunity and as things progress we look forward to working with the PPG, patients and partner organisations to deliver a secure and sustainable primary and community care future for Dartmouth and the surrounding villages.

Regarding the Old Hospital site, Dartmouth and Kingswear Society's Vice-Chairman, Andrew Jarrold, met up with Councillor Ged Yardy at the hospital site and it appears that the only thing that has been revealed by the NHS Trust is that a development plan will be published for that part of the hospital (about one quarter of the site) which is owned by the town and there will be an opportunity to be involved in any future development. Seems to be a question of "watch this space" - but for how long one wonders....

In addition, the decision by NHS Torbay and South Devon Hospital Trust and Clinical Commissioning Group (CCG) to disband the Health and Wellbeing Working Group has been a huge disappointment. The Dart Patients Annual Meeting which was scheduled to take place on 24<sup>th</sup> September was postponed due to this decision, since part of the meeting was to be used to discuss progress on the Health and Wellbeing Centre project. The PPG are now waiting for the Trust and CCG to clarify how we move forward. We feel that this issue should be resolved before the Dart Patients Annual Meeting takes place. Holding it, without clarity on next steps, will not allow for a productive discussion. The new date for the meeting will be announced when this matter has been resolved, hopefully in the near future.

**The flu season is now upon us and flu jabs are available at the surgery for over 65 year olds and also for those under 65 who are eligible. However, the clinics are filling up very fast, so you are advised to make a booking as soon as you can.**

Thank you to Liane Baldock for this update.

## Stretewise Recipe

### Tomato and Red Pepper Soup - contributed by Roger Sinnott

(from the archive October 2013)

#### Ingredients:

300g skinned and de-pipped tomatoes  
(or alternatively a 400g tin of skinned tomatoes)

1 large pepper—deseeded thinly sliced and chopped

150g onion—sliced and chopped

25g butter

1 tablespoon tomato paste

2 tablespoons of chopped parsley

1 teaspoon sugar

2 bay leaves

1/4 teaspoon dried basil

1/4 teaspoon dried thyme

1 litre of chicken stock

salt and pepper



#### Method:

Melt the butter in a large saucepan.

Gently fry the onion and pepper until soft.

Stir in the remaining ingredients.

Bring to the boil and simmer for 30 to 40 minutes.

Remove the bay leaves.

Blend the soup in an electric blender.

Return to the pan and reheat.

Serve with a sprinkling of chopped parsley.

#### Additional notes:

If your taste is for more pepper then use 1 1/4 peppers rather than just the one.

This soup freezes well.

Tomatoes are easily de-skinned by dipping them in boiling water for a minute or so.

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All the recipes shared and printed in Stretewise will be published on the website [www.stretewise.co.uk](http://www.stretewise.co.uk) and can be downloaded or printed from the PDF files. If you have a favourite recipe that you would like to share please email it to [stretewise@outlook.com](mailto:stretewise@outlook.com) or leave a hand written copy at the Post Office and Stores with Andy and Monica.



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## Stretewise Crossword - Answers

**Across** 1: Regatta 3: Bread 6: Tree 8: Rowing 9: Red 10: Once 11: Exit 12: Panda 15: Sew 17: island 18: Close 19: Astride 22: Solo 25: Seekers 26: Aunt 27: Peas 28: Ask 29: Reel 30: Hear

**Down** 1: Retreats 2: Taint 4: Rowan 7: Rex 8: Edits 14: Aid 15: Owl 17: Echoes 18: I.S.A 21: Reach 22: Enter 24: Oses 25: Leak 27: Roe

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### School Autumn Term:

**Half term:** Monday 21 October to Friday 25 October 2019

**Ends:** Friday 20 December 2019

**Christmas Holiday:** Monday 23 December to Friday 3 January 2020

**Starts:** Monday 6 January 2020

**Half term:** Monday 17 February to Friday 21 February 2020

**Ends:** Friday 27 March 2020

**Easter Holiday:** Monday 30 March to Monday 13 April 2020

**Summer Term : Starts:** 14 April 2020

**Half term:** Monday 25 May to Friday 29 May 2020

**Ends:** Thursday 23 July 2020

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STRETE, Kings Arms Car Park. Monday - Saturday (Except Public Holidays)  
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Sunday and Public Holidays: 0937 1507

PLYMOUTH - DARTMOUTH Via Kingsbridge STAGECOACH No3  
STRETE, Kings Arms Car Park. Monday - Saturday (Except Public Holidays)  
0822(S) 0926(SSH) 1056 1156 1256 1356 1456 1609 1614(SD & S) 1711 1811 1911  
Sunday and Public Holidays: 1348 1828

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Thank you to the delivery team: Brenda Range, Liane Baldock, Colleen Seymour, Heather Robinson, Joan Kendall, Pauline Pearce, Chris Burne, Shirley and John Goldring, Rosemarie Stevens, David Wall, Lynne Swainston Trudy Rothwell and not forgetting Monica and Andy and the team at the Strete Post Office and Stores. Please forgive me if I have left anyone out. If I have but please let me know.

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## Film wise - Answers

1: A Clockwork Orange 2: Gone With The Wind 3: The Thirty-Nine Steps  
4: From Russia with Love 5:Pulp Fiction 6: A Streetcar Named Desire  
7: Sleepless in Seattle 8: The Italian Job 9: The Sound of Music  
10: One Flew Over the Cuckoo's Nest 11: Singin' in the Rain 12: Apocalypse Now

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**All contributions to the magazine are welcome:**

Recipes, Crosswords (not cryptic) articles,

letters, but the editor reserves the right as to whether to include, edit or adjust the content. Contributions should be sent to [stretewise@outlook.com](mailto:stretewise@outlook.com) or hard copies of contributions can be left at the to the Post Office.

**Copy deadline for Next issue 25th November2019**

**The December/January Magazine will be available from the Strete Village Store and ready for distribution on the 1st December.**

Stretewise is either £1 per copy purchased from the shop or £4.00 for a yearly subscription of six issues. To subscribe for 2020, send £4 to the editor, Stretewise, Strete TQ6 0RY, pay your distributor or pay at the Strete Post Office and Stores. Please provide your name, address.

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